Health & Safety Policy

Sportkickboxing – Coach Mark Watton

1. Policy Statement

- Sportkickboxing is committed to ensuring the health, safety, and welfare of all students, staff, and visitors.
- We aim to create a safe and controlled training environment and comply with all relevant health and safety legislation.

2. Responsibilities

- Coach Mark Watton holds overall responsibility for health and safety within the club.
- All staff, assistants, and volunteers are expected to follow safety procedures and report hazards or incidents promptly.
- Students are encouraged to take responsibility for their own safety and that of others.

3. Risk Assessments

- Risk assessments will be carried out for all training sessions, events, and new activities.
- Identified risks will be recorded, and appropriate control measures will be put in place to reduce the risk of injury or harm.

4. First Aid

- A qualified first aider will be present at every class.
- First aid kits will be accessible and maintained with up-to-date supplies.
- All incidents and injuries must be recorded in the accident book.

5. Emergency Procedures

- Emergency exits must be kept clear at all times.
- All staff and students should be aware of evacuation procedures in case of fire or other emergencies.
- Emergency contact details will be maintained and kept confidential.

6. Equipment Safety

- All equipment will be regularly inspected for wear and damage.
- Unsafe or broken equipment must be reported and removed from use immediately.
- Protective gear must be worn during sparring or contact drills.

7. Venue Safety

- Training areas will be checked before each session to ensure they are clean, safe, and free from hazards.

- Any concerns regarding venue safety will be reported to the facility management promptly.

8. Reporting Concerns

- All staff and students are encouraged to report any health and safety concerns to Coach Mark Watton.
- Reports will be taken seriously and investigated promptly to prevent recurrence.

9. Policy Review

- This policy will be reviewed annually or following a major incident.
- Updates will be communicated to all staff and students.